

# CENTRE VIEW

SOUTHERN EDITION

OCTOBER 6-12, 2011

25 CENTS NEWSSTAND PRICE



At last week's premieres are (from left) Little Rocky Run's Janet Shalestik, assistant to the producer; Mark and Linda Peterson; and Centreville High Athletic Director Jimmy Sanabria.

## Movie Premieres in Centreville

Local grad Michael Peterson is among its stars.

BY BONNIE HOBBS  
CENTRE VIEW



Posing on the red carpet are (from left) some of the film's stars, Michael Peterson, Najia Bashirah and Elle McLemore.

The stars of the new movie "At the Top of the Pyramid" arrived at the theater in stretch limousines, stepped onto a red carpet and were greeted with wild applause from fans and camera flashes from paparazzi.

But the location wasn't Hollywood or New York — it was the Centreville Multiplex Cinemas, last Wednesday, Sept. 28. The idea for the story came from Little Rocky Run resident Mark Peterson, and one of its stars is his son, 2003 Centreville High grad Michael Peterson.

"It was a lot of fun; I really enjoyed working with everybody I met," said Michael Peterson. "It was filmed with people my age and we all became a family. And since a lot of it was filmed in Centreville, all these places where I grew up, all of a sudden, were a movie. So I got a whole, new perspective. I also came back a couple times to see my old theater teachers and their kids in class."

A 2007 graduate of Boston University's School of Fine Arts, Michael Peterson's been acting professionally in New York, the past four years. In the movie, he portrays a close friend and classmate of the main character, high-school cheerleader Jamie. But, said his dad, the film's executive producer, "I picked him for the movie — not because he's my son — but because I believed he was the best actor for that role."

In the teen drama, Jamie used to cheer atop a pyramid formation for the Centreville High Wildcats. After a devastating fall and the death of a parent, she must rebuild her life and also regain trust in her fellow cheerleaders.

Geared toward ages 13-23, the movie features

SEE MOVIE PREMIERES, PAGE 4

## Competing in 40th

Challenger  
Dianne Blais

BY BONNIE HOBBS  
CENTRE VIEW

Running for the 40<sup>th</sup> District delegate against incumbent Tim Hugo, Fairfax resident Dianne Blais is not the typical, political candidate.

For one thing, she's running as an Independent, rather than having the backing of a major party. For another, she's purposely not cluttering the landscape with campaign signs and she's not interested in raising huge sums of money toward her election.

"Delegates make \$17,000/year, and I don't believe you should spend more on your campaign than your salary will be," said Blais. "There are more important things to spend money on."

Her funding is from friends, family and individuals who believe in her platform. "As an independent, I'm not taking money from any corporation," she said. "Therefore, I'd be working for the average person and, hopefully, be seeing things from their perspective."

Unlike many candidates, who cluster 20-30 signs in several places throughout their district, Blais bought 100 signs total and distributed them all over. But that doesn't mean she's not serious about her campaign.

"I'm also going door-to-door," she said. "I attend every candidates forum and event I can, and I plan on doing one mailing." She'll

SEE BLAIS, PAGE 13



Blais

Incumbent  
Tim Hugo

BY BONNIE HOBBS  
CENTRE VIEW

Running for his sixth term as 40<sup>th</sup> District Delegate, Republican Tim Hugo of

Clifton is now chairman of the Majority Caucus. As such, he's the third-highest ranking member of the House.

This position and his committee leaderships, he said, "allow me to do more to help my community. I can help people in the community break through the bureaucracy and create a better quality of life in their neighborhood."

Endorsed by teachers' associations, Realtors and the Fairfax County Chamber of Commerce, Hugo said he has a "broad reach" and looks for common-sense solutions to problems. And he's proud of his accomplishments for his constituents.

In Centreville, VDOT was making the Mulford School close the left turn from Route 29 into its site, forcing families to make a U-turn at Pleasant Valley Road. So Hugo met with VDOT and called Virginia's Secretary of Transportation and explained that it would adversely impact both the school and Centreville Baptist Church, across the street. And now, the entrance will be reconfigured to benefit both entities.

In Fairfax Station, Hugo intervened on behalf of residents served by NOVEC, and Fairfax Sta

SEE HUGO, PAGE 13



Hugo

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## NEWS

# Nominate Citizen Of the Year

The Centreville Day Planning Committee is now accepting nominations for the Centreville Day Citizen of the Year 2011 Awards. Nominees can include any individual, business leader, or nonprofit organization, that has made significant contributions to the Centreville community.

In 2009 Rita Koch, president of the Historic Centreville Society; business owner Rayman Hamid, and the Jeannie Schmidt Clinic were recipients.

Each winner is presented with an award certificate onstage on Centreville Day by Sully District Supervisor Michael Frey during opening ceremonies on the morning of Saturday, Oct. 22. Nominations are due Oct. 16. Online nomination and downloadable forms can be found on [www.CentrevilleVa.org](http://www.CentrevilleVa.org).

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**CENTRE VIEW**  
[www.CentrevilleVA.org](http://www.CentrevilleVA.org)

**CENTREVILLE DAY**

## Teen Charged: Sexual Assault

Fairfax County police have charged a 15-year-old boy with the Sept. 19 sexual assault of a Chantilly woman. Police said a 29-year-old woman was entering her home in the Shenandoah Crossing Apartments on Leafcrest Lane, around 9:30 a.m., when a teen-age boy approached from behind and forced his way into the residence with her.

There, say police, the teen allegedly displayed a weapon and sexually assaulted the woman. She screamed and he fled on foot, and she wasn't injured.

Last Thursday, Sept. 29, police arrested a Chantilly teen and charged him with abduction with the intent to defile and aggravated sexual battery. He's being held on a detention order at the county's Juvenile Detention Center. Since he's a juvenile, his name is not being released.

## Jury Trial for Billeter

Special-education teacher Jennah Billeter of Fair Oaks will go on trial, after all. In August 2010, Fairfax County police charged her with mistreating two young boys in her care during Deer Park Elementary's summer program for autistic children. She was later indicted and is now slated for an Oct. 25 jury trial in Circuit Court. Centre View previously received information from a court clerk that her charges had been dismissed in July; however, this was not correct. Billeter is still accused of two counts of felony cruelty to children.

## Free Carseat Inspections

Certified technicians from the Sully District Police Station will perform free, child safety carseat inspections Thursday, Oct. 6 and Oct. 20, from 5-8:30 p.m., at the station, 4900 Stonecroft Blvd. in Chantilly. No appointment is necessary. But residents should install the child safety seats themselves so technicians may properly inspect and adjust them, as needed.

However, because of time constraints, only the first 35 vehicles arriving on each date will be inspected. That way, inspectors may have enough time to properly instruct the caregiver on the correct use of the child seat. Call 703-814-7000, ext. 5140, to confirm dates and times.

## Centreville Farmers Market

The Centreville Farmers Market will hold its last day of the season, this Friday, Oct. 7, from 3:30-6:30 p.m. Local vendors are selling their wares at the Trinity Centre office park, 5875 Trinity Parkway (off Route 29). The market features a variety of items including fruits, vegetables, meats, baked goods, sweets and spices.

## Clifton Day Is Sunday

Food, crafts, music and children's activities are all on tap at the 45<sup>th</sup> annual Clifton Day celebration. It's slated for this Sunday, Oct. 9, from 9 a.m.-5 p.m.; rain date, Oct. 16. Admission is free; parking, \$5/car, with proceeds going to charity. The fun includes live musicians and dancers, Civil War re-enactors, pony rides, an Oktoberfest booth and a unicycle rider.

## Park Authority to Meet

The Fairfax County Park Authority will meet Wednesday, Oct. 12, at 7:30 p.m., in the Herry Building, 12055 Government Center Parkway, Suite 900 in Fairfax. Call Judy Pedersen at 703-324-8662.

## WFCM Seeks Food, Volunteers

Western Fairfax Christian Ministries' (WFCM) food pantry urgently needs donations of jelly; jam; spaghetti sauce; boxed potatoes; canned meats, fruit, spaghetti and vegetables (no green beans); juice; pancake mix and syrup; oil; sugar and cereal. Also needed are deodorant and toilet paper. (Toiletry items cannot

SEE ROUNDUPS, PAGE 6



PHOTOS COURTESY OF KYM SUNDAY

Westfield's marching band performing Sept. 24 in the 15th annual Showcase of Bands at Herndon High.

# Marching Together in Step

## Westfield's band raising funds for new uniforms.

BY BONNIE HOBBS  
CENTRE VIEW

**F**or the first time in 11 years, Westfield High's band has new uniforms. Now, the students are trying to raise enough money to finish paying for them.

The original uniforms of white jackets with gold trim, plus black pants, looked spiffy at first. But over time, they became old and worn.

"The life of a band uniform is generally 10 years, and ours were 11 years old," said Band Director Stephen Panoff. "But with extra performances and competitions, the real age of the uniforms was 12-13 years."

Furthermore, for the last three years, the school wasn't able to outfit everyone who wanted to march because it didn't have enough sizes of uniforms. Westfield had 200 uniforms; but since students come in a variety of shapes and sizes, only 180-190 students had uniforms that fit them so they could march. Said Panoff: "We had to put some kids in different outfits to make it through the year."

So the Band Boosters decided to buy the band new uniforms — which they're already wearing. They're black with gold accents and, said Panoff, "They're sharp and contemporary-looking. They're designed for comfort and ease of movement."

They're also easier to care for than the old uniforms. The old ones were dry-clean only, but these ones are machine-washable. They don't need to be professionally tailored, either, because they're easily adjustable. However, they do need to be fully paid for.

The boosters purchased 225 uniforms at a cost of \$72,000. "We'd saved about \$35,000, over the past several years, for a uniform fund," said Panoff. "The band parents borrowed the rest from a bank, and we're trying to raise \$15,000 to pay off the debt [on the loan]."

Since March, when the final decision was made to

order the uniforms, the band has been fund-raising. It's held several carwashes, done spirit nights at local restaurants, with part of meal proceeds donated to the band; held a tag sale and wrote letters to friends and family members, asking for donations. Westfield Principal Tim Thomas also made a contribution from school funds.

"PNC Bank and our Band Booster president, Jim Plymyer, were instrumental in helping us secure the loan," said Panoff. "And we're hoping to raise the money in one year so we don't have to carry on the debt. So we're asking the community to send in donations, if they're willing, to help us out."

Tax-deductible donations, payable to Westfield High School Band Boosters, may be sent to: Westfield High School, attn: Stephen Panoff, band director, 4700 Stonecroft Blvd., Chantilly, VA 20151.

SEE MARCHING TOGETHER, PAGE 6



From left: Band members Lauren Fitzpatrick, Kira Butler and Kayla O'Sullivan wearing their new uniforms.

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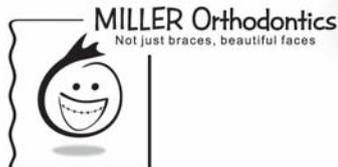


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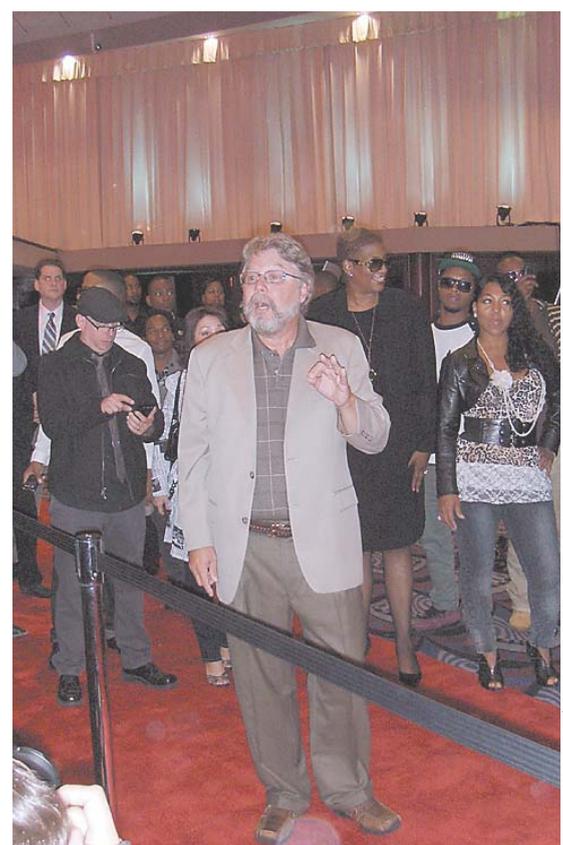


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## NEWS



From left at the movie's Centreville premiere are Isaac Sullivan, Michael Peterson and Najia Bashirah.



Little Rocky Run's Mark Peterson talks to the crowd from the red carpet.

# Movie Premieres in Centreville

FROM PAGE 1

original hip-hop music, plus actors Dean Cain as Jamie's father and Steve Guttenberg as the school principal. Elle McLemore, currently touring in "Bring It On: The Musical," plays Jamie, and Isaac Sullivan, a model for Armani, Givenchy and Sean John, plays her friend Marcuss.

So how did Mark Peterson, also the executive producer, attract stars Cain and Guttenberg to the film? "The principal and father were critical to the story, and we needed well-known names to give the movie credibility," he said. "I hired established casting directors, and then it all came down to having a good script. It was sent to the actors' agents and managers, who then called my casting directors and said the actors wanted to be considered for the roles. I had a tremendous response."

Now, said Peterson, "We're in the middle of negotiations with different studios and distributors for TV and theatrical release of the movie — both in the U.S. and in four or five foreign markets — and we're getting good interest."

The film was two years in the making and was shot in summer 2010 in Centreville, Arlington, Fairfax and Little Rocky Run. And footage of a real, Wildcat football game is included in the movie. So, said Peterson, "We thought it would be cool to premiere it in the local community."

The Sept 28 showing was for press and those involved in the

movie, plus their families and friends. Then on Sept. 29, Centreville High students — including its band, cheerleaders and football team — received a special screening of their own.

Attending both showings was Peterson's wife of 27 years, Linda. Besides son Michael, 26, they're the parents of twins Kathryn and Collin, 21. Their son Matthew, who was severely disabled, died at age 21 in 2009. Shortly afterward, Mark Peterson wrote the initial script for the movie; and before the movie's screenings, last week, he addressed the audience.

"I wanted to write about a young person overcoming a struggle," he said. "My second son was given 90 days to live — and he lived 21 years. So this movie is about people who say, 'No matter what I have to overcome, I'm going to climb to the top of my pyramid.'"

Once he finished his script, he then collaborated with two-time

Emmy nominated, Peabody Award-winner Richard Willis Jr., who worked on it further and wrote the final version and produced the movie. "It's been exciting — a new experience," said Linda Peterson. "Mark's never done anything like this before, but he's very creative and has wonderful ideas. At times, it was pretty crazy, but always interesting and fun. They filmed the house scenes at our house, and all the production people were as nice as can be." At the Sept. 28 event, Supervisor Pat Herrity (R-Springfield) told the moviemakers, "I'm honored that we have a movie premiere in Centreville and that it was filmed here. I'm proud to be here to support you; this is another step in Virginia's burgeoning film industry."

Also proud was Mark Peterson. Standing on the red carpet, pointing at the actors, he told the

SEE MOVIE PREMIERES. PAGE 11



"At the Top of the Pyramid" debuted last week at the Centreville Multiplex Cinemas.

## PEOPLE

### Valon Salon Goes to New York Fashion Week

Valon Salon in Centreville participated in New York City's Fashion Week. International stylist Philip Pelusi, owner of Manhattan's Tela Design Studio and 13 Pittsburg-area salons, as well as the creator of the P2 line of hair styling products, invited Valary Brown, Valon Salon owner, and Raquel Lamay, senior stylist, to work with his P2 team on the styling for the Venexiana runway show to recognize their impressive sales and dedication to the P2 line of products.



Raquel Lamay and Valary Brown

#### CRIME REPORT

Activities reported by the Sully police department through Sept. 30.

#### ATTEMPTED ROBBERY

Three males attempted to rob a 13-year-old boy of his iPod in the area of Basingstoke Loop and Green Park Way around 7:45 p.m. on Friday, Sept. 23. The victim did not require medical attention.

#### LARGENIES

- 4100 block of Auto Park Circle.** Dealer license plate stolen from vehicle.
- 13500 block of Braddock Road.** Wallet stolen from vehicle.
- 14800 block of Cranoke St.** Diamond ring stolen from vehicle.
- 14500 block of North Barros Court.** Bricks stolen from residence.
- 14500 block of Saint Germain Drive.** Birds stolen from residence.
- 5500 block of Sequoia Farms Drive.** Window part stolen from vehicle.

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How does it feel to be personally invited by an international stylist to assist with the hair styling for New York's world-famous Fall Fashion Week? According to Valary Brown, owner of Centreville's award-winning Valón Salon, it was "exciting, exhilarating, and a little bit scary".

She needn't have been scared. The looks that came down the runway at the Venexiana show were a polished, modern take on a classic up-do. Brown and her head stylist, Raquel Lamay, spent two days before the show working with Philip Pelusi's P2 team under the tutelage of Pelusi's artistic director, learning to create the styles to the director and designer's exacting standards. It was clearly time well-spent: the low-slung chignon and vintage-inspired finger waves were flawlessly executed.

The day of the show was "amazing and crazy", with only three hours to get everything ready for the runway. There were two stylists, a manicurist, and a pedicurist working on a single model at once, and a makeup artist hovering in the background waiting for everyone else to finish. Brown's reaction once everything was done and she was able to relax and enjoy the show? "I am so proud of our work, and thank God it's over!"

International stylist Philip Pelusi, owner of Manhattan's Tela Design Studio and 13 Pittsburgh-area salons, as well as the creator of the luxurious P2 line of hair styling products, personally invited Brown and Lamay to work with his P2 team in recognition of their impressive sales and dedication to the P2 line of products. Valón Salon is the only salon in Virginia that sells the P2 line, which Valary Brown describes as "the best product I've ever worked with". Valón Salon's head stylist Raquel Lamay had the top sales in the salon for the P2 line.

It's not surprising that Brown considers this experience "one of the greatest achievements in [her] career". She's been doing hair professionally for over 28 years, and has owned her own salon for the past 14. Throughout that time, she's remained a dedicated advocate of continuing education for all her stylists, proclaiming that it keeps her "motivated, excited, and loving my job!" The trip to Fashion Week was both a logical next step and an incredible honor for the talented stylist, who can't wait to bring some of the Old Hollywood glamor and polished modern styling she saw in New York back to her Centreville clients.

# SYA Field Day Slated

Event to raise funds for sports park.

BY BONNIE HOBBS  
CENTRE VIEW

**S**YA is raising money to build phase two of its athletic-fields complex, the SYA Sports Park (formerly called the Fields of Dreams). Four rectangular fields, four diamond fields, four outdoor volleyball courts and an oval track will be added.

So to raise money, it's holding an SYA Sports Park Field Day on Saturday, Oct. 15, from 9 a.m.-5 p.m., at the park at 6626 Bull Run Post Office Road in Centreville. The event is for all SYA families in Centreville and Clifton.

The day's activities will include children's games and activities, food, live music, races, a silent auction, athletic events and a Washington Redskin. Wristbands good for all-day fun are \$10 each if bought prior to the event; \$12, that day. They may be purchased online at [www.syasports.org/index.html](http://www.syasports.org/index.html).

To start the day, SYA Track and Field will host a cross-country meet at the park, followed at noon by an open 1K race and a 5K fun run. To participate, pre-register for free at <https://app.etapestry.com/cart/SouthwesternYouthAssociation/default/index.php>. Cost is \$5, the day of the event.

Food is available from Big Time BBQ, bringing pulled pork, hot dogs and hamburgers. There'll also be funnel cakes from Dee's, plus Pinkberry yogurt.

Beginning at 11 a.m., Potomac Records will provide live music from artists Jason Dean, The Logan Kraft Band, Andre Fox and 300 Proof. Attendees should bring lawn chairs or blankets so they can "enjoy the soft rock and country classics of these local recording artists in the beautiful surroundings of the park," said Karen Gentry of the SYA Sports Park Campaign Committee.

There'll be giant slides and moonbounces for the children, and parents can try their luck at a silent auction. "While the kiddies are playing, parents can

stroll by and pick up a great auction item for a fraction of its original price," said Gentry.

In addition, two-time Super Bowl champ, former Washington Redskin wide receiver Gary Clark, will be signing autographs, along with the Hogettes. And parents can vie to win an appearance by Clark at their child's birthday party.

SYA is also conducting a food drive, at the same time. SYA Cardinals 'OO Red and Team Manager Amy May are giving back to the community through the Power Pack Program (P3). The food collected goes to Food for Others which serves families in Fairfax County.

"Many low-income children who are eligible for breakfast and lunch programs during the school day are at risk for hunger on weekends and holidays when they cannot access nutritious food," said Gentry. "P3 will provide a weekend pack of food for elementary-school age children to bring home and eat over the weekend. So we're asking families to bring a food donation from the list below to Field Day to help assist with this worthy cause."

Here's what's needed: Granola/cereal bars; cereal cups; oatmeal packets; cups of noodles, chicken soup, chili, and macaroni and cheese; tuna-salad kits; fruit cups; cheese-and-cracker packets; boxes of 100-percent fruit juice; and individual pasta/meat cups (i.e. ravioli, spaghetti and meatballs).

Also during Field Day, there's a full slate of SYA sports action at the park. Besides the cross-country meet, softball, soccer, T-Ball, Little League baseball and volleyball matches are scheduled throughout the day. However, Gentry wants all SYA families to come to the park, whether their children have a game scheduled then or they're just looking for some weekend fun." Her committee is still seeking sponsors and silent-auction items. For more information, e-mail [sysportspark@sysports.org](mailto:sysportspark@sysports.org).

"We also need volunteers to assist us during the day," she added. "If any parent can volunteer a few hours while still enjoying all the fun during the event, it will guarantee SYA's success. We can't do it without our volunteers." To sign up, go to <http://www.signupgenius.com/go/newsya>.



This SYA catcher reaches for the ball during a game. Field Day proceeds will build more fields at the SYA Sports Park in Centreville.

## Marching Together in Step

FROM PAGE 3

"These kids represent Westfield and the community in local, state and national competitions, and you want the kids doing that at the highest level," said Panoff. "They put their talent on display, representing their families, friends and communities." And in Westfield's case, students come from both Centreville and Chantilly.

"In marching band, you're not just judged on your musical ability," said Panoff. "You're also judged on the way you look, so the band members should look sharp and dress the part. We give back to the school and community on a regular basis, so we hope the community will help us with this."

In Fairfax County, the band programs are only supported by the school system to a certain degree. The band members, themselves, have to pay for their equipment, instruments, uniforms and any extra instruction they may need.

"To be in band this year, each kid pays \$400 in band fees," said Panoff. "And that doesn't include shoes, instruments or trips costs. So we rely on the community to bridge the gap to meet the rest of the band's needs. Band is a class — and the fact that we have nearly 260 kids in band at Westfield speaks to their passion to perform music here."



PHOTO COURTESY OF MARY COLEMAN

From left are marching-band members Dominique Glover and Nyja Gibson in Westfield's new uniforms.

### ROUNDUPS

FROM PAGE 3

be purchased with food stamps).

The most-urgent, Thrift Store needs are linens (i.e., sheets, towels), school supplies and new clothes. Bring all items to WFCM'S food pantry at 13981 Metrotech Drive (near Backyard Grill and Bar) in Chantilly. Volunteers are also needed:

Food Pantry:

❖ One person is needed to pick up food donated from Bloom, Wednesdays, from 10:15-10:30 a.m. Baggers are needed Mondays, Tuesdays and the first and third Thursdays, from 11 a.m.-2:30 p.m.

Thrift store:

❖ General assistance needed Mondays, Tuesdays and Fridays, from 9 a.m.-6 p.m. A regular weekly volunteer is needed Thursdays, from 1-6 p.m., as well as Saturdays, from 9 a.m.-5 p.m. For more information, contact Volunteer Manager Annette Bosley at 703-988-9656.

Furniture ministry:

❖ One person is needed to help move furniture that will be given to clients in need.

### Want to Hold a Walkathon?

Western Fairfax Christian Ministries (WFCM) is seeking church groups, schools, local clubs and businesses to participate with it in Fannie Mae, "Help the Homeless" walks this fall. Hosting a community walk involves setting up a date for it between now and Nov. 6, planning a route and recruiting walkers.

To learn more and get involved, contact WFCM Community Liaison Terri Kelly at [tkelly@wfcmv.org](mailto:tkelly@wfcmv.org).

## PEOPLE

### Eight Join Eagle Scout Court of Honor

**B**oy Scout Troop 1104 in Clifton recognized the advancement of eight scouts to Eagle Scout Rank during an Eagle Scout Court of Honor on Saturday, Sept. 10. To become an Eagle Scout, a scout must complete 21 merit badges, 12 of which are Eagle required and 9 of which reflect the scout's personal skills/interests. The scout must hold positions of leadership within the troop, demonstrate scout spirit, and live by the scout oath and scout law. These eight scouts all attended Goshen Scout Reservation in Goshen, Va. as well as the high adventure Philmont Scout Ranch in Cimarron, New Mexico.

They each designed, managed, and led an Eagle Service Project to benefit a local organization or the Town of Clifton.

Rory Michael Walter led a team of scouts to build three picnic tables and create a mulched picnic area behind the Clifton Presbyterian Church. As part of his project, he

also moved the storage shed to a new foundation, extended downspout drains, removed brush and dead trees, and re-graded uneven ground.

Daniel Nathan Reese led his team to build 100 feet of split rail fence for the Manassas Battlefield National Park, which replicated the fence that existed at the time of the 1st Battle of Manassas in 1861.

Nicholas Scott Reese led a group of scouts and members of the community to build two permanent benches at the George Mason University Fitness Center.

Christopher Joel McCarty restored the Clifton Betterment Association steam engine located at the barn in the Town of Clifton. This project involved several phases of research, cleaning, sandblasting, painting, and a lot of teamwork from fellow scouts and leaders.

Jesse Tyler McCarty supervised the building of two 3-sided benches to facilitate two



**From left, back: Troop Leaders Bo Reese, Bill Walter, Bob Richard; middle: Christopher McCarty, Rory Walter, Nicholas Reese, Jesse McCarty, and front: Christopher DiAntonio, Dillon Nold, Daniel Reese and Alex Winkowski.**

challenge course stations at the EDGE, George Mason University, Manassas campus. This project involved planning, design, clearing, site work, woodworking, staining, and landscaping.

Dillon Andrew Nold led a team to construct five picnic tables for use at the Kinchloe Pavilion near the VISTA fields and at Clifton Presbyterian Church in Clifton. He also cut and painted new signs for VISTA fields 1,2,3, and 10 that will help to direct players, coaches, and others who visit the fields.

Alex Michael Winkowski consulted with a local naturalist and biology teacher to identify flora and fauna in Clifton's Randolph Buckley Park. He created a brochure

highlighting indigenous trees, unique environmental features, and the town's history.

Alex then led a team of Scouts and adults to secure numbered posts along the half-mile nature walk, construct a brochure holder and complete trail remediation.

Christopher Steven DiAntonio led and managed a team of 21 Scouts and adults to construct six movable benches for the George Mason University Aquatic and Fitness Center.

The benches are placed along the Piedmont Trail, a 1.2 mile challenge course serving fifth graders to adults. The benches will be used as a designated place to sit for instruction as well as a place for rest.



### Hispanic Heritage Month

**During the London Towne Elementary School PTA meeting on Sept. 28, a special performance was made by the Kindergarten Spanish Immersion class to help celebrate Hispanic Heritage Month. The students wore traditional dress and presented songs and dances from Central and South America.**



### Camaraderie by the Numbers

**Before classes started this school year, members of Centreville High's Math Department enjoy a luncheon together at Ruby Tuesday's in Centreville.**

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# Northern Virginia Pays Again

Commonwealth reaps economic benefits of Dulles, National airports, forces costs on Northern Virginia residents.

**D**rivers in Northern Virginia are justifiably concerned about tolls. The cost of driving from Leesburg to Woodbridge on existing and proposed toll roads would run between \$30 and \$40 at some times of the day.

The Greenway in Loudoun leads to the Dulles Toll Road to Beltway HOT Lanes to Interstate 95 Corridor HOT Lanes. In each case, a driver would theoretically have an alternative, Route 7 along the Greenway and Dulles Toll Road, the regular lanes of Interstates 495 and 95.

But recent vitriol about tolls on the Dulles Toll Road is misplaced. This is one more example of the Commonwealth of Virginia feeding on revenues from the economic vitality of Northern Virginia, then forcing Northern Virginia residents to pay for the infrastructure of that economic activity out of local funds and personal pockets.

The Virginia Department of Aviation report in August attributes \$17.5 billion in annual economic activity in Virginia to Dulles International (IAD) and Ronald Reagan National airports, with Dulles providing the majority of that.

The Commonwealth collects most of the tax revenue that results from this activity, but pays only 3 percent of the \$6.2 billion cost of rail to Dulles. This will force more than 80 percent of the costs of building rail to Dulles to local drivers and property owners.

## LETTERS TO THE EDITOR

### In Top 5: New Titans

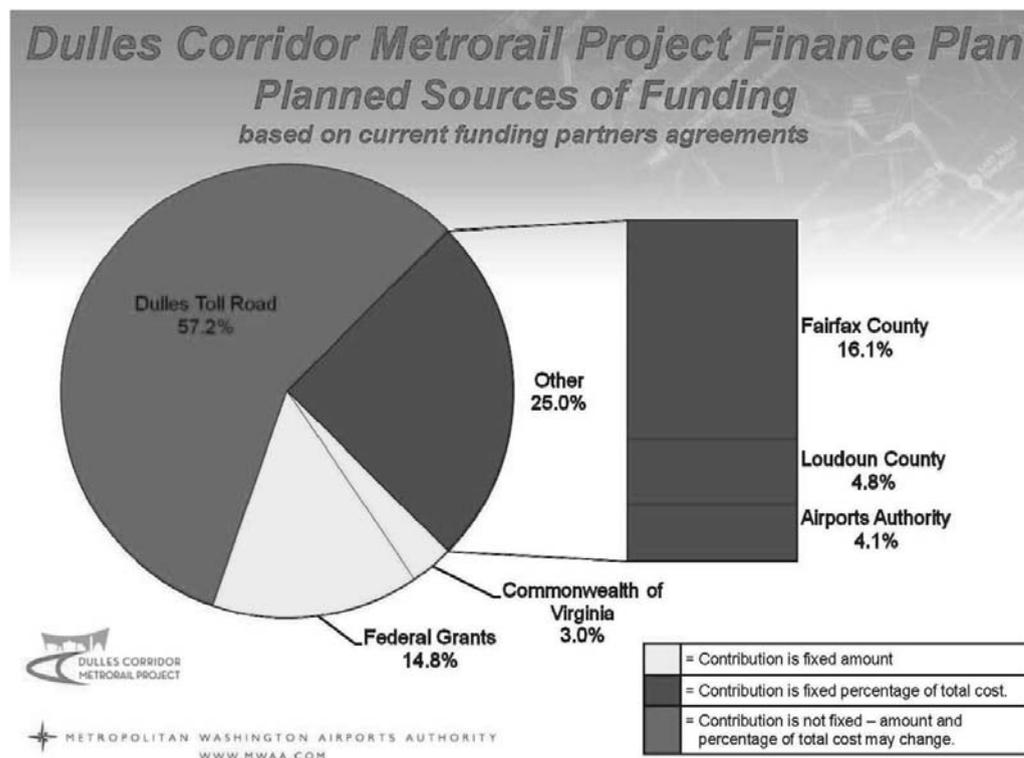
To the Editor:

It's amazing that the high schools in the far western suburbs of the one-million-population Fairfax County are in the top five in Metro football rankings in our Washington, D.C. region. In fact, Centreville HS is number two, Westfield HS is number four and Chantilly HS (where my son attends and plays JV) is number five against perennial powerhouses. All three schools are at 5-0 records and begin conference play this week. We'll see which school's dominance holds-up.

When I was a junior at Langley High School, some 35 years ago, Chantilly HS had just graduated

its first class of four years. We thought Chantilly was truly the end of the earth, the teams a bunch of country yokels, as our team traveled by bus out route 50 before I-66 was even paved. Westfield was only built a few years ago here. How can it be that Centreville just whipped Hayfield — a school in Alexandria with former glory days in my era. Westfield shut-out once viral Fairfax HS seven touchdowns to zip. Chantilly on Friday night beat Edison, also of Alexandria, 70 to 29? The game was even more lopsided than the score shows.

"Remember the Titans" is the popular movie memorializing the integration of T.C. Williams HS in Alexandria in the 1970s and the resultant building of a team. The football team was a metaphor for



Having major airports adequately served by rail and other transportation options is more than an amenity, it is part of sustaining the economic benefit that comes from major airports. The question is not whether we should be building rail to Dulles, but about who benefits and who pays.

So yes, it makes sense to pressure MWAA to proceed to make cost-effective decisions. Yes, it is maddening that tolls could climb to the point of pushing drivers off the Toll Road and onto Route 7.

But when you hear that the state wrapped up last fiscal year with a surplus, you can realize one more time that Northern Virginia residents are paying for the Commonwealth's prosperity coming and going. No relief is in sight. The state collects the income tax from the good jobs generated here in Northern Virginia by the airports, by the high tech firms, by the busi-

ness innovators, by proximity to the Pentagon and the federal government.

The current funding structure for rail to Dulles, based on a projected total project cost of \$6.2 billion, is:

- ❖ Fairfax County, Loudoun County and Airports Authority contribution, 25 percent (Fairfax County pays most of this, 16 percent)
- ❖ Federal contribution, 14.8 percent, based on a fixed grant for Phase 1 of \$900 million.
- ❖ The Commonwealth contribution, 3 percent, which is based upon a fixed contribution of \$275 million.
- ❖ Dulles Toll Road contribution, more than 57 percent, provides the remaining amount. And drivers beware, HOT Lanes ahead.

— MARY KIMM  
MKIMM@CONNECTIONNEWSPAPERS.COM,  
ON TWITTER @MARYKIMM

**Mike Smith**  
Centreville

### Innovative Solutions

To the Editor:

In first reading the commentary by Jim Daniels of Centreville ["Government Isn't a Business," Centre View, Sept. 29-Oct. 5, 2011], I thought here is a voter looking at each candidate for Fairfax County chairman to make

SEE LETTERS, PAGE 9

**NEWS DEPARTMENT:**  
To discuss ideas and concerns,  
Call: 703-778-9410  
e-mail:  
centreview@connectionnewspapers.com

**Steven Mauren**  
Editor, 703-778-9415  
smauren@connectionnewspapers.com

**Bonnie Hobbs**  
Community Reporter, 703-778-9438  
bhobbs@connectionnewspapers.com

**Steve Hibbard**  
Associate Editor, 703-778-9412  
shibbard@connectionnewspapers.com

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**Editor & Publisher**  
Mary Kimm  
703-778-9433  
mkimm@connectionnewspapers.com  
@MaryKimm

**Editor in Chief**  
Steven Mauren  
**Managing Editors**  
Michael O'Connell, Kemal Kurspahic  
**Photography:**  
Louise Krafft,  
Craig Sterbutzel  
**Art/Design:**  
Geovani Flores, Laurence Foong, John Heinly, John Smith  
**Production Manager:**  
Jean Card

**CIRCULATION: 703-778-9426**  
**Circulation Manager:**  
Linda Pecquex  
circulation@connectionnewspapers.com

**CONNECTION NEWSPAPERS, L.L.C.**  
**Peter Labovitz**  
President/CEO

**Mary Kimm**  
Publisher/Chief Operating Officer  
mkimm@connectionnewspapers.com

**Jerry Vernon**  
Executive Vice President  
jvernon@connectionnewspapers.com

**Wesley DeBrosse**  
Controller

**Debbie Funk**  
National Sales, 703-778-9444  
debfunk@connectionnewspapers.com

**Jeanne Theismann**  
Special Assistant to the Publisher  
703-778-9436  
jtheismann@connectionnewspapers.com  
@TheismannMedia

A Connection Newspaper

# LETTERS

FROM PAGE 8

an informed decision.

The opening sentence started promising, "As one who is willing to look beyond his partisan affiliation to consider candidates with innovative ideas and who have the best interests of their community at heart ..."

Whoever wakes up as chairman on Dec. 14 will have the same county employees and community challenges regardless of how much money they extracted from others for their campaign or how many signs they placed unlawfully in the median.

Then, I realized nope. Jim was only looking at blue or red. How is that innovative? It's not.

Most voters self identify as Independent. I am an Independent candidate for chairman who possesses decades more civic leadership experience than the red guy even though I am three years younger.

My opponents have a record or rhetoric of cutting education and the quality of life services that attract families and employers to our community. They are not effective advocates. For decades Fairfax County politicians have been pursuing a win-lose strategy against southern Virginia. They have made no progress.

On March 29, 2011, with both partisan candidates in the Board Auditorium, I advised the Board of Supervisors of a better plan. My plan maximizes our alliance for change by directly benefitting 135 of 136 localities throughout Virginia.

Through my plan, Richmond will increase its investment in Fairfax County Public Schools by over \$501 million annually.

We will create effective, sustainable solutions to our challenges in education, public safety, transportation, and affordable housing. Together we will build a better future.

**Will Radle, Jr.**  
Candidate for Chairman, Fairfax County Board of Supervisors

## Choosing New Superintendent

To the Editor:

The Superintendent of Fairfax County Public Schools, Dr. Jack Dale, announced his retirement, ostensibly for July 2013, which coincides with the end of his contract. While this is worthy of conversation, the immediate focus is and should be on the remaining 46 days until the elections on Nov. 8.

The determination of Dr. Dale's length of service to the constituents in Fairfax County should rest with the new School Board and any efforts by the current School Board members to begin the search process in the waning days of their collective term would disenfranchise the will of taxpayers and voters.

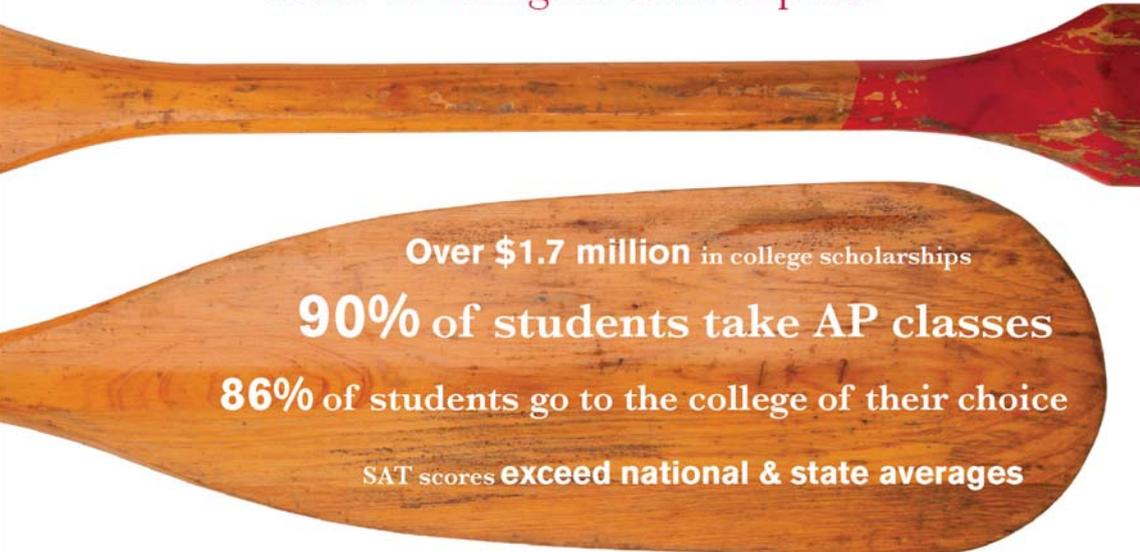
Every voter has the chance to determine one-third of the School Board with their vote for a magisterial district candidate and three at-large candidates. The linear process of voters' voices being heard and then a search firm being engaged by the new School Board is the only means by which there will be representation of voter's will. The selection process of a new superintendent who comprehends the commitment of Fairfax County citizens to quality education should fully belong to the new School Board.

Every student, teacher, parent and taxpayer has a stake in this election. I have said and continue to believe that the ties that our public education system have to strong economic development, jobs, property values and a general sense of community make this Nov. 8 election the most significant in memory, and that this election will set the direction not only for the public school system, but also for Fairfax County for the next decade or more.

**Elizabeth L. Schultz**  
Fairfax County School Board, Springfield District Candidate

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## Sold in August \$630,000 to \$699,000



**1** 5404 Willow Forest Court, Clifton — \$680,000



**2** 5569 Queen Victoria Court, Burke — \$677,500



**3** 11923 Parkside Drive, Fairfax — \$665,000



**5** 6912 Trillium Lane, Springfield — \$655,000

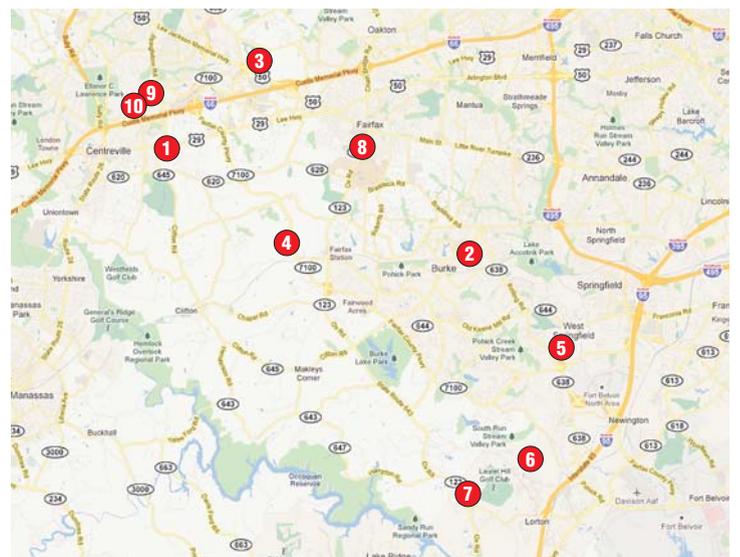


**9** 13592 Bare Island Drive, Chantilly — \$631,000



**10** 5111 Doyle Lane, Centreville — \$630,000

Address	BR	FB	HB	Postal City	Sold Price	Type	Lot AC	Postal Code	Subdivision	Date Sold
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2 5569 QUEEN VICTORIA CT	5	3	1	BURKE	\$677,500	Detached	0.28	22015	SOUTHPORT	08/12/11
3 11923 PARKSIDE DR	3	3	1	FAIRFAX	\$665,000	Detached	0.11	22033	PENDERBROOK	08/24/11
4 11512 FOUR PENNY LN	5	3	0	FAIRFAX STATION	\$655,000	Detached	5.00	22039	TEN PENNY WOODS	08/26/11
5 6912 TRILLIUM LN	4	3	1	SPRINGFIELD	\$655,000	Detached	0.23	22152	DAVENTRY	08/11/11
6 8479 CATIA LN	5	3	1	SPRINGFIELD	\$650,000	Detached	0.29	22153	THE FOREST AT SOUTHRUN	08/25/11
7 9111 MEADOWCREEK LN	4	3	1	LORTON	\$640,000	Detached	0.41	22079	CROSSPOINTE	08/19/11
8 4114 TROWBRIDGE ST	3	3	1	FAIRFAX	\$640,000	Townhouse	0.07	22030	CRESTMONT TOWNHOUSES	08/30/11
9 13592 BARE ISLAND DR	4	3	1	CHANTILLY	\$631,000	Detached	0.22	20151	POPLAR TREE ESTATES	08/25/11
10 5111 DOYLE LN	4	3	1	CENTREVILLE	\$630,000	Detached	0.19	20120	BIG ROCKY FOREST	08/30/11



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# NEWS

## Movie Premieres in Centreville

FROM PAGE 4

crowd, "Remember these young people you see here tonight because you'll be seeing them again in the future."

Michael Peterson hopes that's true because he plans to eventually test the acting waters in California. "I've been doing theater, off Broadway, pounding the pavement and going to auditions," he said at the premiere. "I did some

Shakespeare and worked for the Public Theatre's Shakespeare Department. I did more drama, although I really enjoy comedy; but I've gone wherever the work is."

He said he had no idea what to expect when he first moved to New York. He described the city as "rough, loud and busy," but acknowledged, "It has everything to offer and I enjoy the work I've been doing. At this point, though,

I'd like to transition more into film than theater. I have high hopes for this movie; I think people are going to enjoy it. We had a lot of fun making it, and I think that's going to show up on screen."

"I'm extremely proud of my son," said Linda Peterson. "Michael is a talented actor, dancer and drummer. I love to see him perform. I'm excited for him and I hope good things come from this."

### AT THE LIBRARIES

#### THURSDAY/OCT. 6

**Thriving Three to Five's: Eye Spy a Spider.** 11 a.m. Centreville Regional Library, 14200 St. Germain Drive, Centreville. Stories and activities. Age 3-5 with adult. 703-830-2223, TTY: 711.

**Small Wonders.** 10:30 a.m.- and 11:30 a.m. Chantilly Regional Library, 4000 Stringfellow Road, Chantilly. Rhymes, songs, stories and activities. 12-23 months with caregiver. 703-502-3883, TTY: 711.

#### FRIDAY/OCT. 7

**Teen Zone.** 2:30 p.m. Chantilly Regional Library, 4000 Stringfellow Road, Chantilly. Wii, board games, and refreshments provided. Grades 7-12. 703-502-3883, TTY: 711.

#### SATURDAY/OCT. 8

**Practice Your English Conversation Group.** 3 p.m. Centreville Regional Library, 14200 St. Germain Drive, Centreville. ESL practice program for English learners. Adults. 703-830-2223, TTY: 711.

#### TUESDAY/OCT. 11

**Time for Tots.** 11 a.m. Centreville Regional Library, 14200 St. Germain Drive, Centreville. Stories and activities. Age 2-3 with adult. 703-830-2223, TTY: 711.

**Overdrive eBook & eReader Workshop.** 7 p.m. Centreville Regional Library, 14200 St. Germain Drive, Centreville. Learn how to use your ebook reader and the library ebook collection. Adults. 703-830-2223, TTY: 711.

#### WEDNESDAY/OCT. 12

**Guys Read!** 7:30 p.m. Chantilly Regional Library, 4000 Stringfellow Road, Chantilly. Ask for title. For boys in grades 5 and 6. 703-502-3883, TTY: 711.

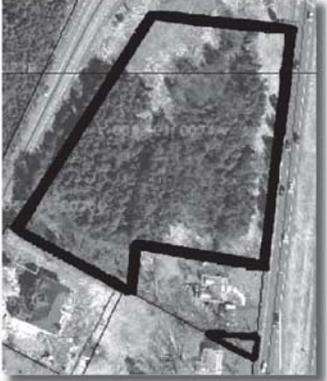
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9710 Annandale Mains Ct. SE. \$649,900. Sun 1-4. Christopher Ballard. McWilliams/Ballard. 703-535-5550  
3716 Lockwood Pl. \$425,000. Sun 1-4. Charles Jackson. Weichert. 703-863-9957

### Burke

6054 Heathwick Ct. \$359,000. Sun 1-4. Debbie Kent. Cottage Street. 703-740-7654  
9713 Turnbuckle Dr. \$575,000. Sat 1-4. Lori Conerly. Weichert. 703-909-4276  
9913 Wood Astor Ct. \$499,900. Sun 1-4. Debbie Mesen. Weichert. 703-201-7723

### Centreville

6483 Sharps Dr. \$330,000. Sun 1-4. Chuck Rifae. PenFed. 571-207-6390  
6484 Trillium House Ln. \$1,450,000. Sun 1-4. Gayle Bailey. The Bailey Team. 703-350-2955

### Chantilly

43836 Paramount Pl. \$749,900. Sun 1-5. Judy Pfanner. Samson Props. 703-989-8767  
25738 Rawley Springs Dr. \$715,000. Sun 1-4. Donny Samson. Samson Props. 703-864-4894  
13471 Stream Valley Dr. \$529,900. Sun 1-4. Steve Lefave. Samson Props. 703-599-1239  
25334 Shipley Terr #35A. \$289,900. Sun 1-4. Zhanneta Lopez. Long & Foster. 703-968-7000  
42325 Magistrate Ct. \$615,000. Sun 1-3. Sherry Wilson. RE/MAX. 540-338-6300  
43248 Valiant Dr. \$699,999. Sun 1-4. Joyce Taylor. Weichert. 703-855-2607

### Clifton

7429 Kincheloe Rd. \$794,500. Sun 1-4. Marsha Wolber. Long & Foster. 703-618-4397  
13308 Ivakota Farm Rd. \$1,349,000. Sun 1-4. Lisa Clayborne. Long & Foster. 703-502-8145

### Fairfax

3502 Mavis Ct. \$1,250,000. Sun 1-4. Ingrid Barrett. ERA. 571-216-2313  
3115 Buccaneer Ct #201. \$199,900. Sun 1-4. Kay Graff. Coldwell Banker. 703-938-5600  
4399 Suttler Hill Sq. \$365,000. Sat 1-4. Maria Lucas. RE/MAX. 703-522-1940  
4173 Calais Point Ct. \$482,999. Sat 2-5. Chan Choi. ACE. 571-344-0355  
2968 Kildare Ln. \$579,990. Sun 1-4. Reema Raju. Weichert. 703-938-6070  
3518 Schuerman House Ln. \$1,249,888. Sun 1-4. Kathy Shea. Keller Williams. 703-795-3946

### Fairfax Station

8303 Pinyon Pine Ct. \$785,000. Sun 2-5. Sal Caruso. RE/MAX. 703-757-0041  
9803 Lost Ravine Ct. \$829,900. Sun 1-4. Barb White Adkins. RE/MAX. 703-609-8950  
11808 Winterway Ln. \$835,000. Sun 1-4. Cristina Dougherty. Long & Foster. 703-968-7000  
7106 Laketree Ct. \$879,900. Sun 1-4. Barb White Adkins. RE/MAX. 703-609-8950  
6608 Stonecrest Ln. \$1,100,000. Sun 1-4. Steve Bradley. Bradley Group. 571-379-5424  
9011 Banyon Ridge Rd. \$499,900. Sun 1-4. Beckie Owen. Long & Foster. 703-328-4129

### Falls Church

5573 Seminary Rd. Unit 204. \$298,500. Sun 1-4. Ingrid Barrett. ERA. 571-216-2313

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5809 Piedmont Dr. \$429,950. Sun 1-4. Tom & Cindy & Assoc. Long & Foster. 703-822-0207  
4717 Poplar Dr. \$899,000. Sun 1-4. Rachel Carter. Coldwell Banker. 703-851-4207  
6921 Mary Caroline Cir. \$189,900. Sun 1-4. Susan Gurny. Weichert. 703-609-6393  
7167 Lake Cove Dr. \$399,950. Sun 1-4. Tom & Cindy & Assoc. Long & Foster. 703-822-0207  
7725 Rachael Whitney Ln. \$599,950. Sun 1-4. Tom & Cindy & Assoc. Long & Foster. 703-822-0207  
6607 Castle Bar Ct. \$575,000. Sun 1-4. Tom & Cindy & Assoc. Long & Foster. 703-822-0207  
7407 Gadsby Sq. \$499,900. Sun 1-4. Tom & Cindy & Assoc. Long & Foster. 703-822-0207

### McLean

4054 41st St. N. \$1,410,000. Sun 1-4. Heather Bennett. RE/MAX. 703-508-5442

### Oakton

11227 Sorrel Ridage Ln. \$1,399,000. Sun 1-4. Cassandra Lutjen. Weichert. 484-330-6551

### Springfield

7301 Rolling Oak Ln. \$350,000. Sun 1-4. Katharine Binkley. Keller Williams. 703-328-9325  
5901 Erving St. \$359,000. Sun 1-4. Doris Crockett. Weichert. 703-615-8411  
8408 Gambrell Ln. \$488,300. Sun 1-4. Tracey Barrett. ERA. 571-218-2539  
7111 Rolling Forest Ave. \$520,000. Sun 1-4. Marge Lee. Long & Foster. 703-452-3921

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### FRIDAY/OCT. 7

**Swing Dancing.** 9 p.m. to midnight. Admission is \$15. With the Soul Tones of Swing. Drop-in beginner swing lesson from 8:30 to 9 p.m.; dancing from 9 p.m. to midnight. At the Hilton Washington Dulles Airport Hotel, 13869 Park Center Road, Herndon.

### SATURDAY, OCT. 8

**Flea Market.** 8 a.m. to 1 p.m. At Oakton Baptist Church, at Route 50 and Sullyfield Circle in Chantilly.

**City of Fairfax Fall Festival.** 10 a.m. to 5 p.m. Free. More than 400 arts, crafts, food, information vendors, children's activities and musical entertainment. In Old Town Fairfax on North Street. Call 703-385-7858.

**Super Science Saturdays.** 10 a.m. to 3 p.m. Free. The theme is "Balloons and Blimps." Super Science Saturdays take place from 10 a.m. to 3 p.m. on the second Saturday of each month, offering activities focused a different science concept. Through demonstrations and hands-on activities, visitors will become immersed in science, technology, engineering and mathematics (STEM) topics related to aviation and space exploration. At the National Air and Space Museum, Steven F. Udvar-Hazy Center, 14390 Air and Space Museum Parkway, Chantilly. Visit: <http://www.nasm.si.edu/events/superscience/>.

### OCT. 8-9

**Fairfax Festival of the Arts.** Free. More than 90 artisans will be offering 10,000 pieces of art,

including the works of painters, sculptors, photographers, jewelers, digital artists, glass, fiber and ceramic artists along with mixed-media, metal, and wood. Saturday, 10 a.m. to 6 p.m.; Sunday, 10 a.m. to 5 p.m. At Fairfax Corner Shopping Center, Fairfax. Visit <http://paragonartevents.com/fairfax2/>

### SUNDAY/OCT. 9

**Clifton Day Festival.** 9 a.m. to 5 p.m. Free. Arts and crafts, antiques, demonstrations, live music, children's activities and food. On Main Street in the Town of Clifton. Call 703-968-0740.

### MONDAY/OCT. 10

**Father-Daughter Date Night.** 4:30 to 8:30 p.m. Chantilly Chick-fil-A Restaurant is hosting "Date Night". Fathers and daughters are encouraged to spend time together while they enjoy dinner, great conversation and several special activities. Located next to the Dulles Expo Center in Chantilly.

### TUESDAY/OCT. 11

**Open House.** The Fairfax Jubil-Aires invites male singers to its open house. This men's a cappella chorus (and quartets) draws 25 percent of its membership from the Centreville-Clifton area. The group meets every Tuesday evening at 7:30 p.m. at the Lord of Life Church-West (one traffic light south of Centreville High School at Union Mill Rd and Twin Lakes Drive). Call Aaron Watts at 703-793-7166 or [adwatts78@yahoo.com](mailto:adwatts78@yahoo.com).

### WEDNESDAY/OCT. 12

**Mothers First.** 10 a.m. to noon. Monthly support group. Moms and kids welcome. Group provides a supportive community for at-home mothers. At the Centreville Library conference room. Visit [www.mothersfirst.org](http://www.mothersfirst.org)

### FRIDAY/OCT. 14

**DASH With Wings.** 4 to 11:30 p.m. Fundraiser for Dating Abuse Stops Here (DASH) in memory of Siobhan Russell, a victim of teen dating abuse. At the Buffalo Wing Factory & Pub, 13067 Lee Jackson Memorial Highway, Chantilly (Greenbriar Shopping Center). Visit [www.datingabusetopshere.com](http://www.datingabusetopshere.com).



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**CENTRE VIEW**

# Blais: Uncommon Candidate Hugo Runs for Reelection

FROM PAGE 1

also be at the Centreville Regional Library on Sunday, Nov. 6, at 3 p.m., to meet additional constituents.

She and her husband of 32 years, Gerard, live in the Cannon Forest community and have four children, Gerard III, 31; Cynthia, 28; James, 26 and Rose, 24. They were also foster parents to more than 100 children. Blais was a Girl Scout leader for years and a PTA president at Rolling Valley Elementary in Springfield when the family lived in that community. They moved to Fairfax in 2002.

Blais also has experience in business. For 19 years, she was a vice president of a company that installed lightning-protection systems. This is the first time she's run for a political office, but she's been involved in women's organizations for a long time.

She chaired the League of Women voters' redistricting committee for both Fairfax County and Virginia to accomplish voting reform. "I went to Richmond when it went before the House Privileges and Elections Committee," she said. "But it didn't pass the House, only the Senate, year after year. So we had a horrible redistricting approved that broke up communities, instead of keeping them together."

Turning the resulting strange shapes of the districts into something fun, Blais is even running a "Name this District" contest whereby people visiting her Web site can "name" each Virginia district based on its shape. People with the most-creative ideas will win prizes.

Regarding her campaign issues, she believes this area needs mass transit, particularly trains. "I think Tim tends to be roads, roads, roads," she said. "But we need VRE to Gainesville. I'm endorsed by the Independent Green Party because of this, but I'm running independently [of that organization]."

As for education, Blais says there should be more emphasis on the STEM subjects — science, technology, engineering and math. Such a focus, she said, will "create more green jobs and bring more employers to the county. I think we have a great educational system, but we need to keep it up. We've had \$900 million cut from K-12 education in the past three years, and we can't keep doing that."

When it comes to the economy, she believes transportation is a way of improving it. "Building mass transit will bring jobs and strengthen the economy," said Blais. "The

traffic around here hasn't improved terribly and we need to do more about it."

She also believes the General Assembly has too much power over the localities, such as in telling school districts when school can start and end each year. "I think the General Assembly gets too much into our personal lives and should not delve into social issues, like abortion," said Blais. "They should focus on the more important issues like the economy, transportation and education. But now, they tend to get sidetracked on these other things that are so emotional to people — let's not go there."

Blais is the past president of the American Association of University Women (AAUW) and is currently vice president of public policy for AAUW Virginia, so she knows people throughout the state.

She's also on two, Fairfax County advisory boards. The Community Action Advisory Board makes positive differences in the lives of low-income residents and oversees the distribution of Community Services Block Grants in the county. And the Local Emergency Planning Committee is a community focal point for information about hazardous-substance emergency planning, health and environmental risks, and natural-disaster planning.

So why should voters elect Blais as the 40<sup>th</sup> District delegate? "I'm a fresh, independent voice and I'm going to do better," she said. "I think I have a different perspective on the issues and it's needed. I have a business background, instead of a lobbyist background, and I'm going to be working for people, instead of corporations. And I'm pro-environment and solar energy, so that's also a little different direction than Hugo."

Annandale's Nancy O'Day met Blais 11 years ago through AAUW and has been friends ever since. She said Blais listens to people, pays attention to their needs and knows the issues. "She stays informed and committed and follows through with her ideals," said O'Day. "And I like her position [favoring] light rail mass transit, instead of adding more lanes to the interstates."

Sarah Brady of Vienna has known Blais since 1987 when they both lived in Springfield. She called Blais a community leader who cares about women, families, schools, her community and county.

"She's trustworthy and a woman of her word," said Brady. "And since she's an Independent who didn't get bogged down raising money, she won't owe anything to anybody."

FROM PAGE 1

tion Homeowners Association President Vinnie Burruano is glad he did. His development has 539 homes and their power kept going off, so he contacted Hugo.

"At first, I was unsure to what degree he could help us," said Burruano. "But he did and we've seen tremendous results because of it." So he'd like to see Hugo reelected because of "his advocacy and the way he makes himself accessible and really listens to our concerns. He went up and beyond what he had to do."

Last year, members of Centreville's Gate Post Estates community had similar problems with NOVEC and Hugo helped them, too. "Now they have more reliable power," he said. "I was pleased to help both communities; that's the kind of thing I focus on."

He also intervened on behalf of the Clifton Café and Peterson's Ice Cream in Clifton when state health regulations weren't interpreted properly and both businesses were in danger of being shut down. "They're small, thriving businesses, and we don't want governmental over-regulation hurting them," said Hugo.

And when the state tried to treat local martial-arts schools as daycare centers, he had legislation passed to help these places stay open. "We want to keep as many jobs in Fairfax County as we can," said Hugo. "And I think the proper role of government is to help people who can't help themselves."

And as vice chair of the House Finance Committee, a member of the Transportation, and Privileges and Elections committees, and subcommittee chair of Commerce and Labor, he has the power to do that. So when residents complained to him of trouble getting in and out of their neighborhoods due to continual traffic jams at the intersection of Braddock and Ox roads by GMU, he took action.

"I worked with the governor's office and the Secretary of Transportation and got \$15 million allocated to get a new connector road there to take a lot of traffic off that intersection," said Hugo. "It'll be a year before it gets built, but they're designing it now."

Likewise, Virginia Run's Beth Tweddle met Hugo years ago when she asked his help in stopping constant car accidents on Pleasant Valley Road, her neighborhood's main thoroughfare and a conduit between Routes 29 and 50.

"He brought VDOT and all pertinent play-

ers together in order to quickly resolve the dangerous problem," she said.

Furthermore, said Tweddle, "Tim continues to be accessible and responsive to constituents in the 40th District while presenting legislation affecting all Virginians, such as the Higher Education Bill. His ability to transcend political party and represent all his constituents makes him an exceptional delegate. That's why he has my vote."

More recently, Hugo's pleased that the General Assembly passed a \$3 billion transportation bond for new construction and did an audit yielding \$800 million toward road maintenance. He also believes projects should be prioritized so money is spent first on key roadways and intersections where the most difference can be made to mitigate traffic.

"I'll work with [67<sup>th</sup> District Del] Jim LeMunyon and others [to do this]," said Hugo. "We've got to focus on where we can get the most bang for the buck with our limited funds."

This year, he's particularly proud of two pieces of legislation he worked on. One obtained insurance coverage so families with autistic children under 6 could receive behavioral therapy "to help them escape autism," said Hugo. The other, a bipartisan bill, increased the penalties for sex traffickers.

He's focusing on transportation, education, public safety and mental health. And he'd also like to simplify the tax code to get rid of loopholes and lower tax rates.

In education, he's heard from parents about their children "being accused of things and interrogated for hours by school officials without their parents knowing. So we need parental notification and involvement, and we're going to look at legislation this year to do that." He also wants only 25 percent out-of-state students admitted to Virginia's public colleges and universities. Said Hugo: "It's not fair that we're kicking kids from Northern Virginia and elsewhere in Virginia out of state."

He and his wife of 17 years, Paula, are parents of Katie, 13; Christopher, 11; Matthew, 6 and Jackie, 4. Hugo is executive director of the Free File Alliance, a public/private partnership with the IRS. It provides some 3 million free, federal income-tax returns a year to low and moderate-income residents.

If reelected, he said, "I'll focus on the important, core services of government and I won't raise your taxes."

## Route 50 Widening West of Chantilly Under Way

Construction begins this week to widen Route 50 from four to six lanes between Poland Road in Loudoun County and Route 28 in Chantilly. The 3.7-mile design-build project will take three years to complete.

Weather permitting, motorists should have begun seeing construction equipment and work crews on Wednesday, Oct. 5. Through next spring, crews will be work-

ing only on westbound Route 50, re-striping pavement and shifting lanes to make room for construction.

There will be no lane closures on holidays or during rush hours, but drivers can expect lane closures overnight and mid-day. During all other times, all lanes and turn lanes will remain open.

Currently, Route 50 narrows from six lanes to four just west of Route 28 in

Chantilly. But increased development and congestion in Loudoun County creates backups during much of the day on the existing four-lane segment, especially during morning and evening rush hours.

When completed, traffic-clogged Route 50 will have three lanes in each direction, improved turn lanes and traffic signals, curb and gutter on the outside lanes, crosswalks and pedestrian signals, widened and up-

graded bridges, and pathways on both sides of the road. The road will also be more level and provide wider buffers between travel lanes and roadside hazards.

The \$100 million improvement project includes \$8.3 million for preliminary engineering; \$24.5 million, right-of-way acquisition; \$9.9 million, utility relocation; and \$57.2 million, construction. Shirley Contracting is the contractor for this project.



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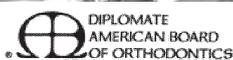
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## WELL BEING

# Doctor Will See You [Right] Now

Concierge medicine offers greater access to physicians and less time in crowded waiting rooms.

BY MARILYN CAMPBELL  
CENTRE VIEW



DONATED PHOTO

At one point in her medical career, Dr. Sandy Ibrahim of Fairfax County saw about 25 patients per day. Each patient got less than 15 minutes of her time, even for a physical examination Ibrahim had little time to develop a doctor-patient relationship, which she said is an essential component of quality health care.

"I put out fires the best I could in the time I had," said Ibrahim.

In 2008, Ibrahim joined PartnerMD, a membership medical practice with an office in McLean. She now spends a minimum of 30 minutes with each patient during routine office visits and 90 minutes for a physical exam.

"I can sit with them one-on-one, really listen and learn about them," she said.

Ibrahim is part of a medical trend called concierge medicine. Here's how it works: patients join a concierge medical practice by paying a membership fee that typically ranges from \$900 to \$3,600. In exchange, they avoid long waits in crowded waiting rooms and spend more time with their physician during office visits. Their physical exams are more thorough than in many traditional practices and include in-depth screenings and tailored education for disease prevention. Same-day or next-day appointments are also common. In practices such as PartnerMD, patients even have 24/7 access to the physicians and medical staff, including their doctor's cell phone number and e-mail address.

"Patients [are not] just another medical chart," said Ibrahim. "Because I have more time to devote to each patient, I can dig deeper into their symptoms."

Tom Blue, executive director of American Academy of Private Physicians, said that annual exams in a concierge medical practice are more likely to provide early detection of diseases, which can lead to more successful treatments.

"[Concierge medical practices] are able to deliver a more current and modern approach particularly to disease prevention than traditional practices [in part] because [the services] don't hinge on what isn't

**Dr. M. Anthony Casolaro of Virginia Hospital in Arlington says executive health clinics allow patients to get efficient, personalized attention and early detection of diseases, which can lead to more successful treatments.**

reimbursed [by insurance companies]," said Blue. Most concierge practices accept insurance, and the membership fee is specifically for services that are not covered.

Blue said that although no official tracking of concierge practices is available in the Washington, D.C., area, he estimated that there about 200. Among the largest and most well-known companies offering such services are MDVIP and Privia Health.

Concierge medical practices offer benefits for doctors, too, like a caseload reduction from as many as 3,000 to as few as 600 patients. Dr. Janice Ragland, M.D., a family practice physician with Herndon Family Medicine and former president of the Virginia Academy of Family Physicians says that fewer patients mean a stronger doctor-patient relationship.

"We have so much more paperwork to do because of the insurance companies," said Ragland, who has chosen to remain in a traditional practice. "Unfortunately, some of the doctor-patient relationship gets lost."

The salary of family physicians, who are among the lowest-paid doctors, can increase when they transition to a concierge practice. "Often [doctors] have extremely significant debt that they've incurred through medical school, and they are looking at how they can make the amount of money they need to

SEE PAYING, PAGE 15

**"We need to figure out ways to make the clinician's life more rewarding, and this is one of them."**

— Len Nichols, Ph.D., director of the Center for Health Policy Research and Ethics at George Mason University

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# Paying for Greater Access

FROM PAGE 14

pay their bills off," said Ragland. Concierge medicine came about in 1996, but the focus on finding innovative strategies to improve doctor-patient relationships is much older. In 1948, executive health programs emerged as a way to benefit both patient and physician. Since that time, other executive health clinics have sprouted up around the country including locally at Virginia Hospital Center in Arlington.

Like in concierge practices, patients pay a fee to join and get extensive, personalized physical examinations that include tests running the gamut from electrocardiograms and stress tests to CT scans and bone density tests. The tests are all performed in one appointment, and the doctor delivers the results to the patient at the end of the session.

"They do in one [visit] what you would need four or five visits to different physicians to accomplish," said Dr. M. Anthony Casolaro, M.D., medical director of Executive Health at Virginia Hospital in Arlington.

While concierge services replace traditional primary care doctors, executive health services are meant to work in concert with a primary care doctor. Rates at Executive Health at Virginia Hospital in Arlington start at \$2,200.

"It is really designed for people [for whom] time is [the] biggest constraint," said Casolaro.

One such person is Marc Wallace, an Arlington business owner who says he was dissatisfied with the hurried pace of the physical examinations he received from his primary care doctor. At the suggestion of a friend, he tried Executive Health at Virginia Hospital Center.

"I was able to ask [the doctor] any questions and not feel pressured like he had to run off to see somebody else quickly," said Wallace.

Some health care experts say that such personalized services cater to the elite and put additional stress on an already overburdened health care system. Baby Boomers begin turning 65 this year and will require increased medical care. At the same time, the American Academy of Family Physicians says the number of medical students entering family practice is declining, with the current environment driving them into subspecialties like radiology and anesthesiology.

"The med student who is choosing family practice now is pretty



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**Dr. Sandy Ibrahim of PartnerMD in McLean says her concierge medical practice allows her to spend more time with each patient, which results in prevention and early detection of diseases.**

much in the single digits per year," said Len Nichols, Ph.D., director of the Center for Health Policy Research and Ethics at George Mason University. "We're not even replacing the [family practice doctors] we have, and we don't have enough now."

Nichols said the field of concierge medicine is not yet large

enough to pose a serious threat to the health care system. In fact, he said there are aspects of the model that health policy experts would be wise to emulate. "I certainly wouldn't want to nip this innovation in the bud," he said. "We need to figure out ways to make the clinician's life more rewarding, and this is one of them."

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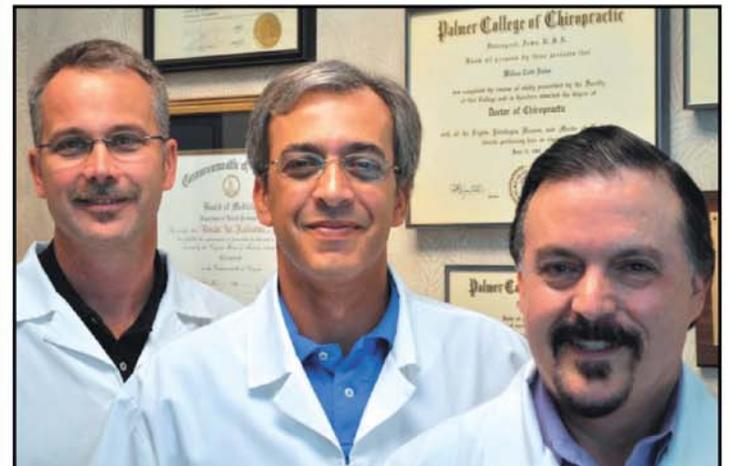
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# Westfield Football to Host Chantilly on Thursday

Both teams enter Concorde showdown with 5-0 records; Centreville, also unbeaten, set to host Robinson.

BY RICH SANDERS  
CENTRE VIEW

It's already the midway mark of the Northern Region high school football season and Centreville, Chantilly, and Westfield are all still sporting perfect records at 5-0. All three teams, members of the Concorde District, will certainly qualify for the eight-team Div. 6 Northern Region playoffs in November. But before that, the road through the core of the brutally tough district schedule will be a grind.

On Thursday night, Oct. 6, Westfield will play a week six home game versus Chantilly which is likely to be one of the most entertaining games of the season. The home team Bulldogs, who have excelled during coach Kyle Simmons' first season at the helm, are coming off a rousing 48-0 win at Fairfax which resulted in the Rebels (Liberty District) getting their first loss of the season.

Simmons realizes Chantilly, last year's Div. 6 region runner-up, will provide a huge challenge for his squad.

"We're certainly happy to be 5-0 but we still have plenty of mistakes that need to be eliminated," said Simmons. "We need minimal mistakes [to beat Chantilly] and must eliminate big plays and not make turnovers. Chantilly has good special teams, offense, and defense. They're big game tested."

The coach believes neither team will have problems being motivated for the key district contest.

"I think the atmosphere will be awesome," said Simmons.

Westfield, in its win over Fairfax, built a 21-0 lead in the first quarter and increased the margin to 35-0 at halftime. Running back

Kendell Anderson rushed for over 100 yards and four touchdowns. Quarterback Matt Pisarcik completed 13-of-17 passes for 133 yards and tossed touchdown passes to Quentin Basil (21 yard score) and Michael Garcia (16 yards). Westfield's other touchdown in the win came on a one-yard scoring run by Tony Ragano.

**CHANTILLY** is coming off a decisive win of its own — a 70-29 home win over 2-3 Edison (National District). The Chargers scored three touchdowns in both the first and second quarters to take a 42-0 lead into halftime. They added 14 points in both the third and fourth quarters thereafter. Chantilly displayed a balanced running attack led by Will Hill-Pensiamiento (125 yards, 2 TDs). Also contributing to the sound ground game were Raeshawn Smith (1 TD), Jesse Walker (1 TD), and quarterback Sonny Romine (1 RD), who all rushed for 50-plus yards.

Deandre Harris scored two touchdowns, one on a punt return, and Romine threw touchdown passes to both Caleb Reinhardt (14 yards) and Nico Alcalde (15 yards). Chantilly backup quarterback Tommy Vance threw a scoring pass to Jimmy Hicks (14 yards).

"The players played hard and executed well," said Chantilly coach Mike Lalli. "The promising thing was the way the young players performed in the second half on offense. We were able to sustain drives with JV level players."

Now the Chargers must go south a few miles to meet Westfield. A year ago, Chantilly, in a week eight home game, came from behind to defeat the Bulldogs 17-14.

"Every year Westfield week is an exciting, challenging week," said Lalli. "This year is no different. The thing about this game is the records don't matter. The game is always big amongst the community and students. In recent history the team that makes the most big plays and turns the ball over the least has won."

**CENTREVILLE HIGH** handled host team Hayfield (National District) with relative ease last week, 49-3, to improve to 5-0. It marked the fourth time the Wildcats have scored 40 or more points this season. The Wildcats, against a Hayfield squad which reached the Div. 5 region finals last year, scored 21 first quarter points and never looked back.

Chase Walter had a night to remember as he caught a touchdown pass from quarterback Mitch Ferrick from 37 yards out and also scored two defensive touchdowns (30 yard interception return, 66 yard fumble return). Ferrick tossed two touchdown passes — to Walter and Ken Ekanem (13 yards) — and the Wildcats' other scores came on runs from Connor Coward (13 yards), Marcel Smith (6 yards) and Chase Heiner (10). Hayfield fell to 3-2.

"Hayfield was a talented team," said Centreville coach Chris Haddock. "We capitalized on several mistakes they made and turned the momentum of the game early. It was a sloppy game with many penalties but we regrouped and had a good second half."

Centreville will play at home on Thursday against Robinson. It will be the Wildcats' second district game of the season. The first came two weeks ago in a win over Herndon.



PHOTO BY CRAIG STERBUTZEL/CENTRE VIEW

**Westfield quarterback Matt Pisarcik (7) threw two touchdown passes in the Bulldogs' win over Fairfax.**

Robinson, usually one of the top teams in the region, is struggling with a 1-4 record. Two weeks ago, the Rams lost to visiting Westfield, 28-0, and they fell in overtime at South County last week, 13-10.

With the exception of the Westfield game, Robinson has played its opponents tough. Its lone win came at T.C. Williams, 27-13, in week three.

"Robinson is going to be a very tough test," said Haddock. "They have arguably the toughest schedule in the region and have lost some hard fought battles. I expect they will be the best team we have played thus far and we are going to have to play our best game to beat them. They are a physical group that plays hard for four quarters."

## CENTREVILLE HIGH SPORTS REPORT

BY KAREN FULKERSON

**Cross Country:** Cooler temperatures brought in hotter times for the Centreville High cross country team at last Saturday's Glory Days Invitational at Bull Run Park in Manassas. Wildcat varsity runners Chan Young Lee and Rebecca Vinter both placed first in their respective three-mile races. Other Wildcat runners to put together strong races included boys' runners Chris Jones (16th) and Kip Talman (18th), and girls' runner Joanna Ahn (10th).

The Freshman race brought second place finishes for both Bobby Dunn and Jackie O'Shea. The two are now ranked among the fastest 50 freshman in Virginia. Other top freshman finishers included: Presley Day (15th), McKinsey Smith (16th) and Christina Makhoulou (20th). Top finishers among

the JV squad included junior Sean Nguyen (17th) and sophomore Maya Munoz (8th).

The Runners of the Week were freshman Natalie King and Bobby Dunn. This week the team was scheduled to participate in its second Concorde District meet on Wednesday at Lake Fairfax.

**Field Hockey:** The varsity field hockey team was scheduled to play earlier this week, on Monday, Oct. 3 at T.C. Williams. Recently, the Wildcats fell to Herndon by a 3-1 score.

**Football:** Senior Chase Walter scored touchdowns on an interception return (30 yards), a fumble recovery (66 yards), and a pass reception (37 yards) as the Wildcat varsity football team improved to 5-0 with a 49-3 victory over Hayfield. Senior Mitch Ferrick completed 7-of-10 passes for

108 yards and two touchdowns. The Wildcats next play at home against Robinson on Thursday, Oct. 6 (7:30 PM).

Also, congrats to all three Centreville High football teams — the freshmen, JV and varsity teams, all of whom are still undefeated.

**Centreville High girls' cross country runners Chan Young Lee (right) and Rebecca Vinter (left), both juniors, were first place finishers in their respective races at the Glory Days meet.**



Rebecca Vinter



Chan Young Lee

# Westfield Field Hockey Shutting Down Opponents

## 11-2 Bulldogs have recorded 10 shutouts thus far.

BY RICH SANDERS  
CENTRE VIEW

For the most part this season, the Westfield High girls' field hockey team has played at a high level. Going into this week, the Bulldogs carried an impressive 11-2 overall record.

Westfield's only losses have come at W.T. Woodson, 2-0, on Aug. 31, and at Concorde District opponent Oakton, 3-1, on Sept. 27. But highlight wins on the season have come over Madison, 4-0, on Aug. 26; South County, 1-0, on Aug. 27; at McLean, 3-0, on Sept. 13; and, most recently, an 8-0 district home win over Robinson on Sept. 30. The early season victories over Madison and South County came at Westfield's own Bulldog Invitational.

Westfield, under veteran head coach Starr Karl, has a relatively young squad this season which includes two seniors, five sophomores,

and a freshman. The coach realizes young squads especially go through ups and downs during the course of a season. The setbacks to Woodson and Oakton were games in which the Bulldogs simply did not play good field hockey.

"The two losses were frustrating because we played very poorly," said Karl, who also stressed that her team's on-field communication, particularly in the loss to Oakton, was not good. "But [overall] the team has been coming along very well."

Coach Karl has always, during her prior years as head coach at Fairfax High and Centreville High, and now with Westfield, stressed the importance of fundamentally sound play to her team members. She believes if her girls learn the basics of the sport and practice well, success will result in games.

"Our coaching staff harps on fundamentals," she said.

The win over Robinson was an all-around well played game by the Bulldogs. The game was a good opportunity for all of the Westfield players to receive good playing time.

"Everyone played real well and everyone played at least half the

game," she said. "We just came together that game."

Robinson had a chance to score the game's first goal early when it was awarded a penalty stroke. But Westfield goalie Lauren Saltus made a key stop on the stroke, giving her team some early momentum.

**WESTFIELD'S SCORING** has come from junior midfielder Meghan Winesett (16 goals, 9 assists) and sophomore forward Katie Winesett (8 goals, 3 assists). Both players, who are cousins, have the ability to find the net and have a passion for the sport.

"I think Meghan is one of the most fundamentally sound players I've ever coached," said Karl. "And she's one of the most unselfish players I've ever coached. She feeds the ball well and has a nose for the goal."

Meghan began playing field hockey as an eighth grader within the Southwestern Youth Association (SYA) field hockey program, which is run by Karl.

Katie Winesett, meanwhile, is growing in the sport and learning more and more every day she practices and competes.

**"I think Meghan [Winesett] is one of the most fundamentally sound players I've ever coached. And she's one of the most unselfish players I've ever coached. She feeds the ball well and has a nose for the goal."**

— Starr Karl, Westfield High Coach

"She's a sponge," said Karl. "She's always asking questions, which I love."

In the net, goalie Saltus, a junior, has had a terrific year. She is part of a Westfield defense that has recorded 10 shutouts.

"She's having a great year and growing as a player," said Karl. "She's been really amazing. She's quick [in the net], listens to her coaches and takes practices very seriously. She commands [and leads] from the goal cage during games."

Karl said Westfield has also received exceptional play from junior sweeper Colby Kidwell.

Westfield, this week, was set to play a Concorde District game on Wednesday, Oct. 5 at Centreville High. Karl said it marks the first time she has returned to Centreville, where she was in charge of the Wildcats' program from 1998-2002, as an opposing coach.

She led Centreville to Northern Region crowns in both 2000 and 2001.

Next week, Westfield is scheduled to play a non-district road game at Langley on Tuesday, Oct. 11. The Bulldogs' next home game will be Thursday evening, Oct. 13 versus district opponent Herndon at 7:30.

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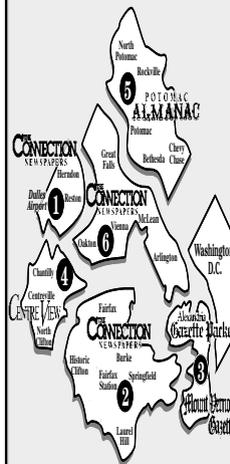
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At 6:30 p.m. on Thursday, December 15, 2011, Fairfax Water will conduct a public hearing on its proposed Schedule of Rates, Fees and Charges. The hearing will be held in Fairfax Water's offices at 8570 Executive Park Avenue, Fairfax, VA.

The proposed changes, to be effective April 1, 2012, include the following:

1. An increase in the Availability Charge from \$3,600 to \$3,700†.
2. An increase in the Local Facilities Charge from \$8,500 to \$9,000.
3. An increase in the Account Charge from \$32 to \$33.
4. An increase in the base Commodity Charge from \$2.04 to \$2.16 per 1,000 gallons of water.
5. An increase in the Peak Use Charge from \$2.95 to \$3.20 per 1,000 gallons of water.
6. An increase in the Fees for Use of Fairfax Water Fire Hydrants to include the increase in the Commodity Charge and Peak Use Charge.

A copy of the proposed changes can be viewed on our Web site at <http://www.fairfaxwater.org/rates/index.htm>. Those wishing to speak at this hearing or desiring a copy of the proposed changes should call Ms. Eva Catlin at 703-289-6017. Interested parties may submit written comments to [PublicHearingComments@fairfaxwater.org](mailto:PublicHearingComments@fairfaxwater.org) or mail written comments to:

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All written comments must be received by close of business on Wednesday, December 14, 2011 to be included in the record of the public hearing.

†Charges reflect fees associated with a standard 5/8" residential meter. Changes in charges for larger residential and commercial meters are reflected in the Proposed Schedule of Rates, Fees, and Charges.

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## Much Ado About Something, Maybe



By KENNETH B. LOURIE

Or maybe not. Such is life as a cancer patient. The other day I received a call from my oncology nurse advising me of an elevated level of something from my previous day's monthly, pre-chemotherapy lab work (blood and urine). This is in fact the exact reason for this pre-chemotherapy lab work: to monitor. And during my now 30 months of it, receiving such advisories has not been uncommon; it has happened half a dozen times, approximately, for a variety of reasons: low white blood cell count, as well as increased levels of bilirubin, creatinin, potassium, protein. Consequences have ranged from delaying that particular week's chemotherapy to emergency-type doctor's appointments – that same day, to adjustments in medication (adding or subtracting or changing altogether) and/or re-tests to confirm the abnormal readings, and of course lifestyle and diet suggestions. In summary, I have fared pretty well, having survived all of it, many months beyond the original timeline as initially projected by my oncologist back in Feb., 2009.

Fortunately, so far, the previous irregularities in my lab work have always returned to normal, either after a re-test or the passage of time. However, any abnormalities have always been cause for concern, for doctor and patient alike. Similarly, any change or worsening of symptoms/behavior, especially breathing and/or coughing (which diagnosis to date, have remained non-issues, thank God!) have likewise been carefully noted. Through it all, my body has tolerated the treatment exceptionally well and been fairly resilient, which presumably has contributed to my rather ordinary life, post diagnosis. Nevertheless, 30 months into it, I'm beginning to have a bit more difficulty mentally, shrugging off this most recent result. At some point, either the poisonous nature of the chemotherapy or the multiple malignant tumors in my lungs (currently characterized as in "partial stable remission") have to have a harmful effect, don't they? I mean, stage IV lung cancer is, well; there is no stage V, so sooner rather than later, one would presume that you know what is going to hit the fan, figuratively speaking, and when it does, it may be, as they say in Massachusetts: "Katie bar the door."

As much as I want to believe I'm immune to cancer's effects, there's a logical Libra inside of me scaling this mental mountain every day, wondering: when? And statistical anomalies aside, what I have is incurable, according to my oncologist, as told to me on that fateful day back in February, 2009. Presumably, what's not making me stronger is in fact killing me – to turn a phrase completely around. And try as I might to ignore certain facts and pretend that what ails me, doesn't, calls from my oncology nurse with precautionary indications of something or other upset my apple cart. An apple cart I didn't even know I had but one that I cling to every day, apparently without realizing it.

Let's be realistic here, I have to cling to something. I can't be expected to skate through this diagnosis/prognosis like I'm Alexander Ovechkin on holiday. This is no holiday. This is a hell of a day, especially when my lab work generates a "Kenny, how are you feeling"-type call. As experienced as I now am at receiving these calls, the arrival of them is still unsettling. Thankfully, diagnosis to date, the blips in the miscellaneous levels of whatever that have appeared in my blood and urine have always returned to acceptable levels within very short order. One day, sooner than I care to admit, that has to change, doesn't it?

Kenny Lourie is an Advertising Representative for The Potomac Almanac & The Connection Newspapers.

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# BULLETIN BOARD

## SCHOOL NOTES

**White House Ornament Sale.** The Western Fairfax County Woman's Club is selling 2011 White House Christmas ornaments. This year's ornament honors the 26th president, Theodore "Teddy" Roosevelt. This ornament features a view of the White House with Santa approaching carrying a bag full of toys. The 2011 ornaments cost \$19. Proceeds benefit charity. Order yours now by calling 703-378-6841 or 703-378-6216. It is possible to order previous years' ornaments.

### SATURDAY, OCT. 8

**Document Shred Event,** of your personal and business documents/files, to protect you from identity theft on the spot by TrueShred truck

in the parking lot of Glory Days Grill, 13850 Braddock Road, Centreville. \$10 donation to Best Buddies for each box/bag. Proceeds to benefit Best Buddies Virginia. 703-201-4586.

### SATURDAY/OCT. 15

**Fire Station Open House.** The Fairfax County Fire and Rescue Department will host Fire Prevention Week Open House, 10 a.m. - 4 p.m. at all stations throughout the county. Firefighters and paramedics will have displays and activities emphasizing fire safety, including preventing fires and fire injuries, especially in the home.

**Paper Shredding Event.** 9:30 a.m. to 12:30 p.m. With the assistance of True Shred Inc., the eighth-grade

class of St. Andrew the Apostle School is sponsoring a shredding event. Cost is \$10 per box donation. At the parking lot of St. Andrew the Apostle School, 6720-B Union Mill Road, Clifton. Visit [www.standrew-clifton.org](http://www.standrew-clifton.org) or [www.trueshred.com](http://www.trueshred.com).

**Support Group for Chronic Fatigue Syndrome (CFS).** 2 to 4 p.m. Fibromyalgia (FMS), & Orthostatic Intolerance, for people with relentless exhaustion and/or unexplained pain and/or worsening with prolonged sitting or standing and their friends and family. Meets the third Saturday of every month, Sully Governmental Center, James McDonnell Room, 4900 Stonecroft Blvd, Chantilly. Free. 703-968-9818 or [cfsnova.com](http://cfsnova.com)

**News from the Centreville High Marching Band:**

- ❖ Saturday, Oct. 8 — Fall Classic Series at Manassas Park High School;
- ❖ Saturday, Oct. 15 — Oakton Classic at Oakton High School;
- ❖ Saturday, Oct. 29 — VBODA State Marching Assessment at West Springfield High School;

**Fairfax County Public Schools** will host its 2011 College Fair on Sunday, Oct. 16, from 7:30 to 9:30 p.m. at Fair Oaks Mall. High school students and their families are encouraged to attend to explore postsecondary educational opportunities. Representatives from approximately

400 colleges and universities, including two-year and four-year colleges as well as military academies and business and technical schools, will be on hand to talk to prospective students.

Students are encouraged to register online for these events. Registered students will receive an admittance pass which will be scanned electronically by representatives from the colleges they visit. Electronic registration eliminates the need for students to fill out a separate information card for each college.

Students can register at [www.fcpscollegefairs.com](http://www.fcpscollegefairs.com). Additional information is available at <http://www.fcps.edu/DIS/SchoolCounseling/FCPSCollegeFairNight/>.

**Communities of Worship**  
To highlight your faith community, call Karen at 703-917-6468

## CENTREVILLE

### THE CHURCH OF THE ASCENSION



Traditional Anglican Service  
1928 book of Common Prayer

**One Sunday Service - 10:00 am**

(CHURCH SCHOOL & NURSERY)  
13941 Braddock Road, (north off Rte. 29) Centreville, VA  
**703-830-3176**  
[www.thechurchoftheascension.org](http://www.thechurchoftheascension.org)

Warm People ~ Hot Coffee  
Come in for a serving of both this Sunday



### Centreville United Methodist Church

**Sunday Worship Services**  
8:15 AM  
9:30 AM  
11:00 AM  
Contemporary Service in the ROC  
11:02 AM



Worshiping God ~ Serving Others

703.830.2684  
[www.centreville-umc.org](http://www.centreville-umc.org)  
6400 Old Centreville Road, Centreville VA 20121  
Corner of New Braddock Road & Route 28

### Sunday Services at Centreville Presbyterian Church



Loving Christ



Loving People



Serving the World

**Sunday Worship Services**  
8:45 a.m. & 11:00 a.m.

[www.centrevillepres.com](http://www.centrevillepres.com)  
15450 Lee Highway,  
Centreville, VA 20120  
703-830-0098



**Centreville**  
PRESBYTERIAN CHURCH

### Saint Andrew Lutheran Church

Sunday Worship: 8:30 a.m., 11:00 a.m.

Christian Education for All Ages: 9:45 a.m.

Adult Bible Study: Wed. 9:30 a.m.

*Our mission is to welcome all people,  
to grow in our relationship with Christ,  
and to serve the Lord*

Braddock Road and Cranoke Street  
Centreville, VA 20120  
[www.saintandrewlc.org](http://www.saintandrewlc.org)  
703-830-2768



Centreville  
United Methodist Church

**11:02 AM**  
**Contemporary Worship Service**

Every Sunday in the ROC  
(Recreation and Outreach Center)

Contemporary Music ~ Connections Praise Band

Interactive Prayer Stations

Children's Quiet Play Area &  
Children's Worship Message

Weekly Communion Table Open to All



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[www.centreville-umc.org](http://www.centreville-umc.org)  
6400 Old Centreville Road, Centreville, VA 20121  
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Centreville  
Baptist Church

### Worship Services

8:00 & 9:30 am Celebration Service  
11:00 am Contemporary Service

### Bible Study

9:30 am & 11:00 am

### Ministries Include:

Nursery through Elementary, Youth, College Age,  
Singles, Men, Women, Adult Discipleship, Choir,  
Awana, Bible Study Fellowship,  
MOPS (Mothers of Preschoolers),  
English Language Classes and Spanish Speaking Ministry

**Come Join Us!**

15100 Lee Highway, Centreville, VA 20120  
703-830-3333 [www.cbca.org](http://www.cbca.org)



**Mount Olive Baptist Church**  
6600 Old Centreville Road, Centreville, VA 20121  
Phone: 703 830-8769; Fax: 703 830-6718  
[www.mountolive-church.org](http://www.mountolive-church.org)  
E-Mail: [mtolive@mountolive-church.org](mailto:mtolive@mountolive-church.org)



Rev. Dr. Eugene Johnson, Pastor

### Service Times:

Sunday Morning Worship: 10:00 AM  
Children's Church and Jr. Youth Church-  
During regular Worship Service  
Sunday School (9:00-9:45 AM/ All ages)  
Spiritual Development Courses: (8:45-9:45 AM)  
Youth Sunday Morning Worship: 10:30 AM  
(Rev. Bobby J. Ford Jr., Youth Minister)  
Holy Communion (Third Sunday) 10:00 AM  
Wednesday Prayer Meeting/ Bible Study  
and Spiritual Development Courses: 7:00 PM  
(Includes Youth Bible Study)